

FRA BRANCH 42 NEWSLETTER JAN - MAR 2017

President: Ken Senker 884-5874, Vice President: Jim Pace 885-6441, Secretary: Phil Justin 475-6028 cell: 741-8342 Treasurer: Robert Campbell 294-4865

From Your President

We are happy to report that there were no deaths this past quarter.

There is no meeting scheduled for January or February 2017. We will continue meeting in March.

IMPORTANT DATES - Mark your calendar

Tuesday, MAR 21, 2017 - 7:00 p.m. Regular monthly meeting at the Seabee Museum and Memorial Park, Davisville, RI.

There will be a discussion and vote taken regarding moving the meeting to the third Saturday of the month at 10:30 a.m. The meeting would take place right after the regular meeting of the Seabee Veterans of America, Island X-1. as the meeting would be held in the same office space.

Included in this newsletter is a return envelope for your convenience to reply to this proposal. The annual combined Christmas Party at the "O" Club was a success. It is hoped that the new year will be a very prosperous one for everybody. The mean age of our membership has risen to a height where we find that it is difficult to drive at night and our health challenges prevent us from attending meetings. We appreciate all those who make an effort to attend. Our membership has dropped considerably during the past couple of years and without your support we cannot remain as a viable organization..

MEMBERS READY TO RENEW:

John J. Blair, Michael P. Cadenazzi, David P. Hanlon, Lester W. Hazard, Robert J. Jessop, Edwin A. Leonard Jr. Robert L. Murphy, Samuel Saltoun, Bruce Tuck. Your membership is greatly appreciated.

"JANUARY - MARCH BIRTHDAYS"

Walter E. BAKER 3/23/37, Paul J. BENO 1/13/28, Norman L. BENTON 1/9/30, Walter G. BOLL 2/28/28. Leo P. BOUDREAU 2/9/24, Earl F. BROWN 1/5/34, Peter BUIAK Jr., 3/20/29, Michael P. CADENAZZI 1/21/44, John

Anthony **DEMATO** DEFRANCESCO 1/7/51, 3/6/54, Norman F. DUFAULT 2/25/30, William R. DUFF 3/7/36, Richard E. EDGERTON 1/3/36, David L. FARMER 1/11/33, Harold B. FENDER 3/21/25, William E. FOLLETTE Sr. 3/29/42, Charles R. FOUTZ 1/12/41, Lawrence E. GABLE 1/9/37, Roger B. GAGNON 1/11/36, David P. HANLON 3/24/44, William F. HANNAN 2/15/34, Lester W. HAZARD 3/20/30, William R. HOUSE 1/23/19, John W. JANKE 3/23/37, Conrad T. JOHNSON 2/15/29, Roy E. JOHNSON 3/30/44, Edward F. JUSTIN 3/17/62, Gary A. JUSTIN 1/31/53, Philip A. JUSTIN 3/31/37, Stephen J. KAUFFMAN 2/20/49, William W. KIRTLINK 1/4/35, Ronald L. KOTULA 1/7/39, Robert LASSAN 3/10/42, DARYL W. MANNING 2/14/49, Elden A. MARCELLINO 3/9/39. RONALD J. MEEHAN 2/26/44, Edward A. MOON 2/12/39, James N. MURPHY 3/15/35, Robert L. MURPHY 2/11/30, Paul W. MURRAY 3/12/29, Charles E. NEHRING 2/21/39, Dana B. O'NEIL 2/23/33, James E. PACE 3/27/43, Carl A. PASSARELLI 2/5/37, David RAZON /10//30, Russell E. REKAS 1/15/48. William J. SABO 1/2/32. Samuel 1/4/45, SALTOUN James F. SCHROEDER 2/25/25, Robert P. SHILLABER 2/24/33, Thomas F. ST CLAIR 1/15/34, Richard W. THOMSON 1/21/47, Edward L. THORNTON 2/28/36, Bruce C. TUCK 3/10/43, Lawrence R. WOOD 3/28/42, Eugene WYNER 3/25/36.

HAPPY BIRTHDAY ONE AND ALL

UNIT 42 NEWS

The members of Unit 42 are meeting at GREGGS RESTAURANT, 4120 Quaker Lane, North Kingstown on the third Monday of every month at 11:30 AM. Hope more of you will be able to participate. Remember, I am very willing and able to provide transportation, just give me a call - (401) 439-5329 or you can email: <u>cindyrodhamtuck@gmail.com</u>. If it is necessary to cancel the meeting particularly because of weather, you will be notified by phone. Don't hesitate to call me or one of the other members if the conditions are iffy even though we do try and contact everyone.

It is important that we all let our families know if we would like the Unit do a ritual at the time of passing as many family members may not be aware that this is available. I know this is a delicate subject but it's important. It is the Auxiliary's way of saying goodbye. At both the Regional and National conventions, there is a memorial service for all the members who passed during the year where the Regional President places a flower in memory.

Recently, we discovered that Terri Fincher passed away in November but we learned too late to perform the ritual.

The Regional Midyear meeting is scheduled for 25-26 March 2017 in Lakehurst, NJ. The Regional Convention will be hosted by Branch 115 on 18-20 August 2016 at The Center at Holiday Inn-Lehigh Valley, Breinigsville, PA. More information will be in the next newsletter, but just wanted you to save the dates.

Just to let you know, the Auxiliary has a website - www.la-fra.org which provides information of what is happening on the National level. The TRIANGLE, the National newsletter, is available for reading by clicking the link on the home page. Also, please check www.fra.org especially the ACTION CENTER (from the home page, click on the "Advocacy" link then, at the top, click on "Action Center"). Here you can send a pre-written letter to your representatives in Congress and the Senate to express your views. The FRA is fighting to protect our benefits and now more than ever the FRA needs us to show our support. On the FRA website, you can also read issues of the FRA TODAY, ON WATCH and NEWSBYTES (which is also available by calling (800) FRA-1924 and they will read NEWSBYTES to you).

RP NE/NEngland Eileen Hyland and FRA PNP George Hyland attended the November 2016 meeting. We had a wonderful visit. She informed us about some changes to the TRICARE retail pharmacies. Following is an excerpt from the TRICARE Pharmacy website:

Your Choice of TRICARE Retail Pharmacies Changes Dec. 1, 2016 Express Scripts added Walgreens to the TRICARE® retail pharmacy network on Dec. 1, 2016. CVS and CVS pharmacies in Target stores are no longer in the network. IMPORTANT: If you are still filling prescriptions at a CVS pharmacy, you need to transfer all your prescriptions now to avoid paying the full retail price for your medication.

What You Need to Know

- CVS pharmacies are no longer included in the TRICARE retail pharmacy network as of Dec. 1. If you continue filling your prescriptions at a CVS pharmacy, you will pay the full retail price* for your drugs.
- If you still have a prescription at a CVS pharmacy, you need to transfer it now to another network pharmacy.
- It's easy to find another <u>TRICARE Network</u> <u>Pharmacy</u> near you. Walgreens is now included in the pharmacy locator, and CVS pharmacies have been removed.
- More than 58,000 pharmacies are in the TRICARE network, including other national chains, grocery chains and independent pharmacies.
- You can now fill your prescriptions at Walgreens.

We would like to hear from you and know that you are doing okay, if you need help or just a hello. Please give your family members the Unit information so they can contact us if necessary. To all those who are sick, get well soon; if you are celebrating a happy occasion, all the best; and if you have experienced a loss, our prayers are with you always. Hope everyone has a blessed and joyous holiday season. HAPPY NEW YEAR!!!!

IN LPS

Cindy

38 Shannonmarie Way N Easton, MA 02356 508 238 3607 (home) 401 439 5329 (cell) 508 297 1307 (fax) cindyrodhamtuck@gmail.com

I THINK WE SHOULD KEEP THE MEETING ON THE THIRD TUESDAY OF THE MONTH AT 7:00 P.M.

____ I WOULD PREFER THAT WE MOVE THE MEETING TO THE THIRD SATURDAY OF THE MONTH AT 10:30 A.M.

SIGNATURE & DATE