From Your President

On behalf of the members of Branch 42, we would like to extend our sincere condolences to the families of BMCM Troy Fincher, USN(RET), RMC George A. Wardwell, USN(RET), and YN3 David F. Dallas, USN(RET) who are now serving on the staff of the Supreme Commander.

IMPORTANT DATES - Mark your calendar

Tuesday, April 19th, 2016 - 7:00 p.m.
Regular monthly meeting at the Seabee Museum and Memorial Park, Davisville, RI.

Tuesday, May 17th, 2016 - 7:00 p.m.
Regular monthly meeting at the Seabee Museum and Memorial Park, Davisville, RI.

Tuesday, June 21st, 2016 - 7:00 p.m.
Regular monthly meeting at the Seabee Museum and Memorial Park, Davisville, RI.

The monthly meetings for July & August have been cancelled to allow for summer vacations. This was voted upon at the December 2015 meeting.

Northeast/New England Regional Mid-Year Meeting Meeting hosted by Branch 124, Lakehurst, NJ, on Friday and Saturday, April 29 and 30. Anyone interested in attending or planning to attend, please contact Branch Secretary Phil Justin.

April - June Birthdays

Frederic H. Allison, 05/09/43, Kenneth G. Almon, 06/19/31, Jose C. Alves, 04/20/45, Charles E. Angell, 05/20/27, Edward J. August, 04/04/33, John J. Broderick, 05/05/42, Gilbert Calise, 04/06/34, Sylvan L. Cavitt, 04/29/29, Kieran F. Collins Jr., 6/30/31, James A. Collins 04/19/35, Billie Dietz 06/06/30, John
HAPPY BIRTHDAY TO ONE AND ALL

Congratulations to the following Shipmates who have completed 30 or more years of continuous membership in the FRA during this quarter.

Charles E. Angell, 35 years on June 1st.
Thomas J. Jones Jr, 50 years on May 1st. William J. Sabo, 40 years on March 1st. Thomas Willett, 45 years on April 1st.

Members are reminded that if their is someone in the family that has access to a computer, we would like to have your e-mail address as we are trying to go GREEN and it's a faster way to communicate. E-mail the secretary at pajusnret@me.com. For your information Branch 42 has their own website and you can go to www.fra42.org.

You are also reminded that you should subscribe to news-bites from www.fra.org. It's a good way to keep up with the latest FRA information.

Yours in Loyalty, Protection and Service,

The Officers of Branch 42.

In Other News... UNIT 42 news

The members of Unit 42 have returned to GREGGS RESTAURANT, 4120 Quaker Lane, North Kingstown on the third Monday of every month at 11:30 AM. Hope more of you will be able to participate. Remember, I am very willing and able to provide transportation, just give me a call - (401) 439-5329 or you can email: cindyrochamptuck@gmail.com. If it is necessary to cancel the meeting particularly because of weather, you will be notified by phone. Don't hesitate to call me or one of the other members if the conditions are iffy even though we do try and contact everyone.

As I mentioned in the last several newsletters, we have been discussing getting a group together for day trips. I have been gathering some pamphlets and brochures and will present them. But, if you are interested and/or have any ideas, let me know.

Another ongoing reminder: If any of you have any pictures or memorabilia from Branch & Unit 42’s history and/or from the New England Region, could you possibly make them available? It would be nice to have a collection for everyone’s enjoyment. If we could make copies of these items (or give them to me and I will copy them and return the original), we might be able to put
together a history book or scrapbook. There is so much history, it would be fun to reminisce.

It is imperative that you let your families know that the unit members would have a memorial service or ritual at the time of your passing. Many family members may not be aware that this is available. I know this is a delicate subject but it's important to discuss with them. It is the Auxiliary's way of saying goodbye. At both the Regional and National conventions, there is a memorial service for all the members who passed during the year where the Regional President places a flower in memory.

The Regional Midyear meeting is scheduled for 29-30 April 2016 at Branch 124, 204 Union Avenue, Lakehurst, NJ. Rooms have been reserved at the Clarion Inn Toms River (formerly the Quality Inn), 815 Route 37 West, Toms River, NJ 08755. The telephone number is (732)341-2400 then press 0 for reservation desk. The rate is $89.00 per night plus tax (Government rate provided). A full hot breakfast buffet is available for $5.00 per person. When making reservations mention 
Fleet Reserve Association. To receive this rate you must make the reservation prior to March 29, 2016. (Sorry for getting this information to you this late.) There are other hotels in the area if you prefer to find other accommodations. There is also a Comfort Inn, 2016 Route 37, Manchester, NJ 08759 Telephone number 732-657-7100, located near FRA Branch 124.

SPECIAL NOTE from Branch 124 Secretary:
In our area you CAN NOT make a left hand turn on the main roads. All turns are done from the right hand lane via a U-turn. GOOD LUCK!

Just to let you know, the Auxiliary has a website - www.la-fra.org which provides information of what is happening on the National level. As the webmaster, PNP Doris Fri is enhancing the site to make it more interesting. The TRIANGLE, the National newsletter, is available for reading by clicking the link on the home page. If you don't have access to the internet, let me know and I will make a copy for you. Also, please check www.fra.org especially the ACTION CENTER (from the FRA home page, click on the “Advocacy” link then, at the top, click on “Action Center”). Here you can send a pre-witten letter to your representatives in Congress and the Senate to express your views. The FRA is fighting to protect our benefits and now more than ever the FRA needs us to show our support. If you don't have internet access, contact me and I will do my best to help you.

The FRA TODAY is FRA's monthly membership magazine. The subscription is free for members (of the FRA);
$7 for widows/widowers of FRA shipmates;
$10 for LA FRA members; and non-members of either association can subscribe for $35 per year. This magazine covers a wide range of topics from the most current news from Capitol Hill to feature articles on topics important to all current and former Navy, Marine Corps and Coast Guard enlisted personnel. On the FRA website, you can also read issues of the FRA TODAY, ON WATCH, and NEWSBYTES (which is also available by calling (800) FRA-1924 where it will be read to you).

Don't forget that the Unit is still collecting eyeglasses, box tops and soup labels. Eileen Beno and Dot Crouch (or me) are the contact persons. If any of you have American flags that need to be disposed of, I will make arrangements with the American Legion in Easton where Don is a member.

NP Helen Courneya’s project is a program called “From Warriors to Soulmate”.
Following is an excerpt of an article on the Veterans Affairs website: http://www.va.gov/health/newsfeatures/20121018a.asp.
"The Department of Veterans Affairs is trying a new path to caring for and healing the nation's wounded Veterans. Now, in addition to repairing their damaged bodies and minds, VA is going one step further and helping to repair their crumbling intimate relationships.

The retreats are conducted by VA chaplains, social workers, psychologists, and nurses. They are PAIRS-certified instructors, teaching better communication skills, relationship skills, and emotional literacy skills to couples. PAIRS stands for: Practical Application of Intimate Relationship Skills."

Donations can be made by sending a check made out to LA FRA (add NP Project in memo line). Send to: NFS Christina Murray, 512 Hyde Park Rd, Norfolk, VA 23503-5514

We would like to hear from you and know that you are doing okay, if you need help or just a hello. Please give your family members the Unit information so they can contact us if necessary. To all those who are sick, get well soon; if you are celebrating a happy occasion, all the best; and if you have experienced a loss, our prayers are with you always. Since this newsletter will cover April-June, I want to be sure and wish all the Moms a HAPPY MOTHER'S DAY and the Dads a HAPPY FATHER'S DAY. And of course, have a great Memorial Day.

IN LPS

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